The ALL NEW ------ HASH MAG



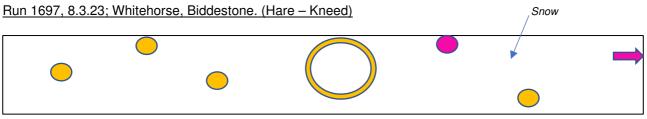
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Walk 1694, 15 2.23; Devonshire Arms, Bath. (Hare - LittleSiW)

Quite a pleasant ramble, led in front all the way by our Chief (verbal) Rambler. Although rather long and too many hills (as per Down Down received deservingly) at least the course was not littered with unsightly white flour – as many of our runs seem to be.

Run 1695, 18.1.23; 44 High Street to The Catherine Wheel, Marshfield (Hare - No Shirt)

This was a previously un-announced A to B run. Not often we do these in winter. The start was off, East, along the High St towards the Lord Nelson and then a sharp right to a check. Down the road and another check where several Hashers so engrossed in telling each other their life-story (X-Rated & Need, etc) they carried on shouting ON ON when it wasn't. However, a very good run even though we had four short-cutters, including Perky who is now showing his age.



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Letters to The Edit Hare

We don't seem to have many (any) good news items with such a miserable Edit Hare. However, we have a celebration in the summer when at Tuckers Grave – free drinks from Arachnidman to celebrate his wedding.



The first dance should be a treat if his dancing at the Haggis Bash is anything to go by

Questions to Uncle Perky

To complete the series, we have an input from a specialist on Les Cargo's problem of horse meat. It can be found in the **APPEND-DICKS**

Kneed may have unwittingly? created a new **ITEM** for the Mag by his WAPP message of Wed 8 March eve – "Quote of the evening". SO: <u>Quote of the evening</u> - "Not many people would have done that in the UK this evening" (*Credit: Perky*)

Future "Quotes Of The Evening" – submit to the Edit Hare.

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At the Share & Repair shop at which I do volunteer work, we get many items in - which at first sight don't appear useful. However, a recent acquisition would be extremely useful to our Hash: - a Hash ME-ME audio / visual test apparatus.

And, if you need your eyesight testing in Arabic ...





HASHERS HELP HERE (H3)

Organised by K&A H3 – H3

Continuing the funding scheme to help people who are without: -

A loud-haler for calling ON ON – as some hashers have very quiet voices when finding the 3rd blob.

If you think of any other deserving needs, please send suggestions to the Edit Hare for consideration.

APPEND-DICKS (1)

Les Cargo's horse meat problem

I decided to ask a fellow hasher, Miss Bakes, for help with this problem, as she is a qualified Dietitian and Nutritionist. Many of you will know her; not only from hashing, but also from her articles in the media and her many appearances on radio and television (Shopping Channel).

This is her helpful reply: - Dear Les Cargo,

Your partner's diet is indeed a tricky problem which probably results from her childhood

It is not uncommon for children to become fussy or faddy eaters, refusing to eat various foods, (a problem that has grown recently due to poor parenting skills), but for most children this is just a fad that they grow out of as they mature to become adults. Unfortunately, some children do not fully develop into adulthood and these people become vegetarians. Once this condition is established in adults it becomes very difficult to treat. Previous research to treat this condition tried a form of aversion therapy, where the subject was asked to eat a small piece of meat and if they refused, they were given an electric shock. The process was repeated with the voltage of the electric shock increasing each time there was a refusal. Although this treatment was initially very successful the effect was so short lived that this approach was deemed impractical.

However, the method you are using, "acclimatisation by stealth", has been shown to produce good long-term results. The treatment has to be given over a considerable period of time and if the disclosure is given too early the treatment is unlikely to be successful. You should carry on with the treatment with horse mince and try introducing additional meat products, such as turkey mince. You will need to be careful because as a vegetarian, your partner is used to eating bland, tasteless food, so do not make the meals too tasty as your partner may become suspicious. If this does happen you could always add some minced up wet cardboard to the food to give it that authentic vegetarian taste and texture.

In conclusion, you must be patient as although the "acclimatisation by stealth" treatment takes a long time, it is the only one that produces good long-term results.

Keep up the good work, Miss Bake

APPEND-DICKS (2)

This was "apparently" – according to the co-author (AI-Rapuzel) - written by AI on his computer. Although, I must admit we do seem to have a lot of Artificially Intelligent Hashers in our group.

An ODE to the K&A

The Kennet and Avon Hash House Harriers, Are a jolly bunch of running carriers. They run and jog through fields and town, Chasing each other up and down.

With map and compass in hand they go, Through mud and streams, oh what a show! They follow the trail, no matter how long, Stopping for beer and a sing-song.

Their leader, known as the "hare", Leaves a trail of flour everywhere. The pack of runners follow the sign, Running and laughing, having a fine time. But beware the false trail, a tricky ploy, Leading runners into a trap of no joy. They run and run, only to find, The trail is false, oh what a bind!

With names like "FC" and "Le Caniveau", The hashers are a rowdy show. They sing and dance, with beer in hand, A wild and crazy, hash house band.

So if you see them running by, Join in the fun, give it a try. The Kennet and Avon Hash House Harriers